

**FREEPORT HIGH SCHOOL**  
**Individual Career and Academic Plan**

Name \_\_\_\_\_ Counselor \_\_\_\_\_

**JUNIOR COURSE REQUESTS**

FIRST SEMESTER

SECOND SEMESTER

1. English \_\_\_\_\_
2. U.S. History \_\_\_\_\_
3. Math \_\_\_\_\_
4. PE \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

1. English \_\_\_\_\_
2. U.S. History \_\_\_\_\_
3. Math \_\_\_\_\_
4. PE \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

Alternate Request

Alternate Request

**Graduation Checklist**

Activities:

- PSAT (October)
- SAT (Spring)
- Career Planning
- College Visits
- Test Prep

<b>Required Courses</b>		PE 9	
English 9		Health	
English 9		PE 10	
English 10		PE 11	√
English 10		PE 11	√
English 11	√	PE 12	
English 11	√	PE 12	
English 12		Consumer Economics	
English 12		Science	
Math		Science	
Math		Science	
Math		Science	
Math		World History/Social Studies	
Math	√	Government/Constitution	
Math	√	US History	√
Careers		US History	√
2 Semester Electives in:		<b>9th Grade Credits</b>	
Music, Art,		<b>10th Grade Credits</b>	
Foreign Language or		<b>11th Grade Credits</b>	
Vocational Education		<b>12th Grade Credits</b>	
		<b>Total Credits =</b>	

**CAREER PLANS**

1. My career plans are: \_\_\_\_\_
2. After high school I plan to: \_\_\_\_\_
3. Skills I need to improve most while in high school: \_\_\_\_\_
4. Counselor Notes: \_\_\_\_\_

Student Signature

Date

Counselor Signature